



National Nutrient Database for Standard Reference
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Statistics Report 14029, Alcoholic beverage, whiskey sour, prepared from item 14028

Report Date: July 04, 2017 15:05 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	72.44	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
Energy	kcal	153	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	03/2003
Energy	kJ	638	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	03/2003
Protein	g	0.06	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
Total lipid (fat)	g	0.06	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
Ash	g	0.12	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
Carbohydrate, by difference	g	12.82	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	03/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Fiber, total dietary	g	0.0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	03/2003
Sugars, total	g	12.78	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	03/2003
Minerals													
Calcium, Ca	mg	1	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
Iron, Fe	mg	0.08	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
Magnesium, Mg	mg	1	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
Phosphorus, P	mg	5	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
Potassium, K	mg	18	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
Sodium, Na	mg	61	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
Zinc, Zn	mg	0.06	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
Copper, Cu	mg	0.008	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Manganese, Mn	mg	0.007	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
Selenium, Se	µg	0.2	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	03/2003
Vitamins													
Vitamin C, total ascorbic acid	mg	1.6	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
Thiamin	mg	0.010	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
Riboflavin	mg	0.008	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
Niacin	mg	0.005	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
Pantothenic acid	mg	0.008	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
Vitamin B-6	mg	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
Folate, total	µg	0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	03/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Folic acid	µg	0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	03/2003
Folate, food	µg	0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	03/2003
Folate, DFE	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	03/2003
Vitamin A, RAE	µg	0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	03/2003
Retinol	µg	0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	03/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Carotene, beta	µg	0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	03/2003
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	03/2003
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	03/2003
Vitamin A, IU	IU	0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	03/2003
Lycopene	µg	0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	03/2003
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	03/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin E (alpha-tocopherol)	mg	0.00	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	03/2003
Vitamin K (phylloquinone)	µg	0.0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 & 12	--	03/2003
Lipids													
Fatty acids, total saturated	g	0.005	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
4:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
6:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
8:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
10:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
12:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
14:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
16:0	g	0.005	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
18:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
Fatty acids, total monounsaturated	g	0.001	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
16:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
18:1 undifferentiated	g	0.001	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
20:1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
Fatty acids, total polyunsaturated	g	0.011	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
18:2 undifferentiated	g	0.008	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
18:3 undifferentiated	g	0.003	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
18:4	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	06/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 &12	--	03/2003
Other													
Alcohol, ethyl	g	14.5	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 &12	--	03/2003
Caffeine	mg	0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 &12	--	03/2003
Theobromine	mg	0	--	--	--	--	--	--	--	--	Aggregated data involving combinations of source codes 1 &12	--	03/2003